

**The Bond-Based Approach is not a type of training.**

**The Bond-Based Approach is an alternative to training.**

**TEACHING**

GIVES DOGS THE ABILITY TO  
PROCESS INFORMATION AND  
MAKE DECISIONS

GIVES DOGS THE DESIRE TO DO  
AS YOU **ASK**

BUILDS **INTRINSIC** (INTERNAL)  
MOTIVATION\*

PUTS FOCUS ON LEARNER

INCREASES SELF-CONFIDENCE

GIVES LEARNER WHAT IS  
NEEDED TO MAKE GOOD  
CHOICES

GIVES LEARNER A MEASURE OF  
CONTROL

IS COLLABORATIVE IN  
STRUCTURE  
(YOU + ME)

ENHANCES BOND BETWEEN  
TEACHER-STUDENT

**TRAINING**

CONDITIONS DOGS TO DO WHAT  
YOU **TELL** THEM TO DO

REQUIRES **EXTRINSIC**  
(EXTERNAL) MOTIVATION\*

PUTS FOCUS ON TRAINER

INCREASES DEPENDENCY ON  
TRAINER

MAKES CHOICE IMPOSSIBLE  
FOR TRAINEE

GIVES ALL CONTROL TO  
TRAINER

IS ADVERSARIAL IN  
STRUCTURE.  
(ME vs. YOU)

HURTS BONDING BETWEEN  
TRAINER/TRAINEE

MAKES DOGS SO AFRAID OF  
BEING WRONG THEY CAN  
STRUGGLE TO LEARN NEW  
THINGS

\*Extrinsic motivation is when we do something in order to earn a reward or avoid punishment. Intrinsic motivation is when we do something because of how it makes us feel. Extrinsic motivation often decreases intrinsic motivation.

Our goal in Bond-Based is to give our dogs the knowledge and skills they need to make good decisions on their own and the desire to say 'yes' when we must ask them for something.